

Nm Lagsprint  
Gåå  
30.03.2017  
Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>Menn senior Heat: 1</b>							
<b>1</b>	<b>Byåsen IL lag 1</b>			<b>20:33,4</b>			<b>41</b>
	1 Didrik Tønseth	03:07,7 2	00:00,5	03:07,7 2	00:00,5		
	2 Johannes Høsflot Klæbo	03:21,9 7	00:04,1	06:29,6 1	00:00,0 1		
	3 Didrik Tønseth	03:24,1 2	00:01,2	09:53,7 1	00:00,0 0		
	4 Johannes Høsflot Klæbo	03:37,9 8	00:09,8	13:31,6 1	00:00,0 0		
	5 Didrik Tønseth	03:24,4 2	00:04,5	16:56,0 2	00:00,3 -1		
	6 Johannes Høsflot Klæbo	03:37,4 3	00:00,4	20:33,4 1	00:00,0 1		
<b>2</b>	<b>Steinkjer SK lag 1</b>			<b>20:35,9</b>	<b>00:02,5</b>		<b>64</b>
	1 Pål Trøan Aune	03:07,2 1	00:00,0	03:07,2 1	00:00,0		
	2 Thomas Hjalmar Westgård	03:23,9 9	00:06,1	06:31,1 4	00:01,5 -3		
	3 Pål Trøan Aune	03:22,9 1	00:00,0	09:54,0 2	00:00,3 2		
	4 Thomas Hjalmar Westgård	03:41,8 10	00:13,7	13:35,8 4	00:04,2 -2		
	5 Pål Trøan Aune	03:19,9 1	00:00,0	16:55,7 1	00:00,0 3		
	6 Thomas Hjalmar Westgård	03:40,2 4	00:03,2	20:35,9 2	00:02,5 -1		
<b>3</b>	<b>Strindheim IL lag 1</b>			<b>20:36,1</b>	<b>00:02,7</b>		<b>48</b>
	1 Even Northug	03:09,9 5	00:02,7	03:09,9 5	00:02,7		
	2 Petter Northug Jr	03:20,6 5	00:02,8	06:30,5 3	00:00,9 2		
	3 Even Northug	03:24,9 3	00:02,0	09:55,4 4	00:01,7 -1		
	4 Petter Northug Jr	03:37,4 7	00:09,3	13:32,8 3	00:01,2 1		
	5 Even Northug	03:26,3 3	00:06,4	16:59,1 3	00:03,4 0		
	6 Petter Northug Jr	03:37,0 1	00:00,0	20:36,1 3	00:02,7 0		
<b>4</b>	<b>Henning Skilag lag 1</b>			<b>20:37,2</b>	<b>00:03,8</b>		<b>49</b>
	1 Anders Tettli Rennemo	03:08,3 3	00:01,1	03:08,3 3	00:01,1		
	2 Eirik Lorentsen	03:21,7 6	00:03,9	06:30,0 2	00:00,4 1		
	3 Anders Tettli Rennemo	03:24,9 3	00:02,0	09:54,9 3	00:01,2 -1		
	4 Eirik Lorentsen	03:37,3 6	00:09,2	13:32,2 2	00:00,6 1		
	5 Anders Tettli Rennemo	03:27,8 4	00:07,9	17:00,0 4	00:04,3 -2		
	6 Eirik Lorentsen	03:37,2 2	00:00,2	20:37,2 4	00:03,8 0		
<b>5</b>	<b>Bardufoss og Omegn Idrettsfore lag 1</b>			<b>20:59,0</b>	<b>00:25,6</b>		<b>57</b>
	1 Maximilian Bie	03:13,8 6	00:06,6	03:13,8 6	00:06,6		
	2 Erik Valnes	03:17,9 2	00:00,1	06:31,7 5	00:02,1 1		
	3 Maximilian Bie	03:36,8 10	00:13,9	10:08,5 8	00:14,8 -3		
	4 Erik Valnes	03:28,1 1	00:00,0	13:36,6 6	00:05,0 2		
	5 Maximilian Bie	03:40,4 6	00:20,5	17:17,0 5	00:21,3 1		
	6 Erik Valnes	03:42,0 5	00:05,0	20:59,0 5	00:25,6 0		
<b>6</b>	<b>Strindheim IL lag 2</b>			<b>21:06,4</b>	<b>00:33,0</b>		<b>56</b>
	1 Lars Ove Aunli	03:15,4 10	00:08,2	03:15,4 10	00:08,2		
	2 Thomas Ekeren	03:18,8 3	00:01,0	06:34,2 7	00:04,6 3		
	3 Lars Ove Aunli	03:24,9 3	00:02,0	09:59,1 5	00:05,4 2		
	4 Thomas Ekeren	03:37,1 5	00:09,0	13:36,2 5	00:04,6 0		
	5 Lars Ove Aunli	03:43,6 10	00:23,7	17:19,8 6	00:24,1 -1		
	6 Thomas Ekeren	03:46,6 6	00:09,6	21:06,4 6	00:33,0 0		
<b>7</b>	<b>Alvdal IL lag 1</b>			<b>21:12,0</b>	<b>00:38,6</b>		<b>97</b>
	1 Petter Austberg Bjørn	03:15,1 9	00:07,9	03:15,1 9	00:07,9		
	2 Vegard Bjørn Gjermundshaug	03:17,8 1	00:00,0	06:32,9 6	00:03,3 3		
	3 Petter Austberg Bjørn	03:33,2 7	00:10,3	10:06,1 6	00:12,4 0		
	4 Vegard Bjørn Gjermundshaug	03:35,7 4	00:07,6	13:41,8 7	00:10,2 -1		
	5 Petter Austberg Bjørn	03:41,8 9	00:21,9	17:23,6 8	00:27,9 -1		
	6 Vegard Bjørn Gjermundshaug	03:48,4 7	00:11,4	21:12,0 7	00:38,6 1		

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>Menn senior Heat: 1</b>							
<b>8</b>	<b>Gjøvik SK lag 1</b>			<b>21:14,3</b>	<b>00:40,9</b>		<b>72</b>
	1 Håkon Ramstad	03:09,5 4	00:02,3	03:09,5 4	00:02,3		
	2 Sondre Bollum	03:27,9 12	00:10,1	06:37,4 9	00:07,8	-5	
	3 Håkon Ramstad	03:30,5 6	00:07,6	10:07,9 7	00:14,2	2	
	4 Sondre Bollum	03:35,6 3	00:07,5	13:43,5 8	00:11,9	-1	
	5 Håkon Ramstad	03:38,0 5	00:18,1	17:21,5 7	00:25,8	1	
	6 Sondre Bollum	03:52,8 8	00:15,8	21:14,3 8	00:40,9	-1	
<b>9</b>	<b>Gjerdrum IL - Ski lag 1</b>			<b>21:40,9</b>	<b>01:07,5</b>		<b>80</b>
	1 Jørgen Krogsæter	03:15,4 10	00:08,2	03:15,4 10	00:08,2		
	2 Patrick Fossum Kristoffersen	03:23,8 8	00:06,0	06:39,2 11	00:09,6	-1	
	3 Jørgen Krogsæter	03:39,9 12	00:17,0	10:19,1 11	00:25,4	0	
	4 Patrick Fossum Kristoffersen	03:40,9 9	00:12,8	14:00,0 10	00:28,4	1	
	5 Jørgen Krogsæter	03:47,7 11	00:27,8	17:47,7 10	00:52,0	0	
	6 Patrick Fossum Kristoffersen	03:53,2 9	00:16,2	21:40,9 9	01:07,5	1	
<b>10</b>	<b>Konnerud IL lag 1</b>			<b>21:48,5</b>	<b>01:15,1</b>		<b>65</b>
	1 Christian Magnus Hjelde	03:14,2 7	00:07,0	03:14,2 7	00:07,0		
	2 Timo Andre Bakken	03:24,9 10	00:07,1	06:39,1 10	00:09,5	-3	
	3 Christian Magnus Hjelde	03:34,7 9	00:11,8	10:13,8 10	00:20,1	0	
	4 Timo Andre Bakken	03:46,2 11	00:18,1	14:00,0 10	00:28,4	0	
	5 Christian Magnus Hjelde	03:51,1 12	00:31,2	17:51,1 11	00:55,4	-1	
	6 Timo Andre Bakken	03:57,4 11	00:20,4	21:48,5 10	01:15,1	1	
<b>11</b>	<b>Lillehammer Skiklub lag 3</b>			<b>21:54,5</b>	<b>01:21,1</b>		<b>73</b>
	1 Peter Andersen	03:14,5 8	00:07,3	03:14,5 8	00:07,3		
	2 Øystein Engelstad	03:20,4 4	00:02,6	06:34,9 8	00:05,3	0	
	3 Peter Andersen	03:34,1 8	00:11,2	10:09,0 9	00:15,3	-1	
	4 Øystein Engelstad	03:50,6 13	00:22,5	13:59,6 9	00:28,0	0	
	5 Peter Andersen	03:41,5 8	00:21,6	17:41,1 9	00:45,4	0	
	6 Øystein Engelstad	04:13,4 14	00:36,4	21:54,5 11	01:21,1	-2	
<b>12</b>	<b>Heming, IL lag 3</b>			<b>21:55,3</b>	<b>01:21,9</b>		<b>81</b>
	1 Bjørn André Aaslund	03:16,8 12	00:09,6	03:16,8 12	00:09,6		
	2 Sverre Ryland Glomnes	03:27,0 11	00:09,2	06:43,8 12	00:14,2	0	
	3 Bjørn André Aaslund	03:37,1 11	00:14,2	10:20,9 12	00:27,2	0	
	4 Sverre Ryland Glomnes	03:51,5 14	00:23,4	14:12,4 12	00:40,8	0	
	5 Bjørn André Aaslund	03:41,0 7	00:21,1	17:53,4 12	00:57,7	0	
	6 Sverre Ryland Glomnes	04:01,9 12	00:24,9	21:55,3 12	01:21,9	0	
<b>13</b>	<b>Hjelmeland IL - ski lag 1</b>			<b>22:21,1</b>	<b>01:47,7</b>		<b>89</b>
	1 Erlend Widerøe Hennig	03:19,7 15	00:12,5	03:19,7 15	00:12,5		
	2 Tobias Topp Sandvik	03:28,6 13	00:10,8	06:48,3 13	00:18,7	2	
	3 Erlend Widerøe Hennig	03:55,1 13	00:32,2	10:43,4 13	00:49,7	0	
	4 Tobias Topp Sandvik	03:46,7 12	00:18,6	14:30,1 14	00:58,5	-1	
	5 Erlend Widerøe Hennig	03:57,4 13	00:37,5	18:27,5 13	01:31,8	1	
	6 Tobias Topp Sandvik	03:53,6 10	00:16,6	22:21,1 13	01:47,7	0	
<b>14</b>	<b>Lier IL lag 1</b>			<b>23:00,1</b>	<b>02:26,7</b>		<b>88</b>
	1 Mats Øverby	03:18,7 14	00:11,5	03:18,7 14	00:11,5		
	2 Anders Øverby	03:30,8 14	00:13,0	06:49,5 14	00:19,9	0	
	3 Mats Øverby	04:05,8 15	00:42,9	10:55,3 14	01:01,6	0	
	4 Anders Øverby	03:52,2 15	00:24,1	14:47,5 15	01:15,9	-1	
	5 Mats Øverby	04:05,4 14	00:45,5	18:52,9 14	01:57,2	1	
	6 Anders Øverby	04:07,2 13	00:30,2	23:00,1 14	02:26,7	0	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>15</b>	<b>Bækkelagets SK lag 3</b>			<b>24:11,4</b>	<b>03:38,0</b>		<b>96</b>
1	Jens Petter Toresen	03:17,0 13	00:09,8	03:17,0 13	00:09,8		
2	Mats Burud Skjølvold	03:40,2 15	00:22,4	06:57,2 15	00:27,6	-2	
3	Jens Petter Toresen	04:02,6 14	00:39,7	10:59,8 15	01:06,1	0	
4	Mats Burud Skjølvold	03:29,4 2	00:01,3	14:29,2 13	00:57,6	2	
5	Jens Petter Toresen	05:07,1 15	01:47,2	19:36,3 15	02:40,6	-2	
6	Mats Burud Skjølvold	04:35,1 15	00:58,1	24:11,4 15	03:38,0	0	

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>1</b>	<b>IL Varden Meråker lag 1</b>			<b>20:37,2</b>			<b>47</b>
	1 Jørgen Sæternes Ulvang	03:16,9 7	00:02,8	03:16,9 7	00:02,8		
	2 Emil Iversen	03:21,5 1	00:00,0	06:38,4 1	00:00,0	6	
	3 Jørgen Sæternes Ulvang	03:28,8 7	00:09,9	10:07,2 2	00:00,5	-1	
	4 Emil Iversen	03:28,7 3	00:01,7	13:35,9 2	00:00,4	0	
	5 Jørgen Sæternes Ulvang	03:32,3 4	00:11,2	17:08,2 3	00:02,3	-1	
	6 Emil Iversen	03:29,0 1	00:00,0	20:37,2 1	00:00,0	2	
<b>2</b>	<b>Asker SK lag 1</b>			<b>20:40,2</b>	<b>00:03,0</b>		<b>74</b>
	1 Erland Kvisle	03:15,5 4	00:01,4	03:15,5 4	00:01,4		
	2 Sindre Sætre Hammerlund	03:26,8 6	00:05,3	06:42,3 3	00:03,9	1	
	3 Erland Kvisle	03:25,4 3	00:06,5	10:07,7 3	00:01,0	0	
	4 Sindre Sætre Hammerlund	03:27,8 2	00:00,8	13:35,5 1	00:00,0	2	
	5 Erland Kvisle	03:31,9 3	00:10,8	17:07,4 2	00:01,5	-1	
	6 Sindre Sætre Hammerlund	03:32,8 2	00:03,8	20:40,2 2	00:03,0	0	
<b>3</b>	<b>Heming, IL lag 1</b>			<b>20:45,3</b>	<b>00:08,1</b>		<b>58</b>
	1 Harald Astrup Arnesen	03:17,7 8	00:03,6	03:17,7 8	00:03,6		
	2 Kasper Stadaas	03:25,1 4	00:03,6	06:42,8 4	00:04,4	4	
	3 Harald Astrup Arnesen	03:27,2 5	00:08,3	10:10,0 6	00:03,3	-2	
	4 Kasper Stadaas	03:27,0 1	00:00,0	13:37,0 3	00:01,5	3	
	5 Harald Astrup Arnesen	03:31,6 2	00:10,5	17:08,6 4	00:02,7	-1	
	6 Kasper Stadaas	03:36,7 3	00:07,7	20:45,3 3	00:08,1	1	
<b>4</b>	<b>Rustad IL lag 1</b>			<b>20:55,5</b>	<b>00:18,3</b>		<b>50</b>
	1 Anders Nøstdahl Gløersen	03:15,2 3	00:01,1	03:15,2 3	00:01,1		
	2 Lars Sørensen	03:30,2 8	00:08,7	06:45,4 7	00:07,0	-4	
	3 Anders Nøstdahl Gløersen	03:21,3 2	00:02,4	10:06,7 1	00:00,0	6	
	4 Lars Sørensen	03:38,1 5	00:11,1	13:44,8 5	00:09,3	-4	
	5 Anders Nøstdahl Gløersen	03:21,1 1	00:00,0	17:05,9 1	00:00,0	4	
	6 Lars Sørensen	03:49,6 4	00:20,6	20:55,5 4	00:18,3	-3	
<b>5</b>	<b>Magnor UL lag 1</b>			<b>21:18,3</b>	<b>00:41,1</b>		<b>63</b>
	1 Espen Honganvik Holen	03:18,9 9	00:04,8	03:18,9 9	00:04,8		
	2 Oliver Sugaren	03:25,3 5	00:03,8	06:44,2 6	00:05,8	3	
	3 Espen Honganvik Holen	03:25,4 3	00:06,5	10:09,6 5	00:02,9	1	
	4 Oliver Sugaren	03:31,1 4	00:04,1	13:40,7 4	00:05,2	1	
	5 Espen Honganvik Holen	03:44,2 10	00:23,1	17:24,9 5	00:19,0	-1	
	6 Oliver Sugaren	03:53,4 5	00:24,4	21:18,3 5	00:41,1	0	
<b>6</b>	<b>Bækkelagets SK lag 2</b>			<b>21:38,7</b>	<b>01:01,5</b>		<b>82</b>
	1 Jørgen J Borgersen	03:20,4 11	00:06,3	03:20,4 11	00:06,3		
	2 Sigurd Lund Røer	03:21,5 1	00:00,0	06:41,9 2	00:03,5	9	
	3 Jørgen J Borgersen	03:36,6 10	00:17,7	10:18,5 10	00:11,8	-8	
	4 Sigurd Lund Røer	03:45,2 7	00:18,2	14:03,7 8	00:28,2	2	
	5 Jørgen J Borgersen	03:40,8 7	00:19,7	17:44,5 9	00:38,6	-1	
	6 Sigurd Lund Røer	03:54,2 6	00:25,2	21:38,7 6	01:01,5	3	
<b>7</b>	<b>Heming, IL lag 2</b>			<b>21:41,1</b>	<b>01:03,9</b>		<b>55</b>
	1 Stian Grastveit	03:15,8 5	00:01,7	03:15,8 5	00:01,7		
	2 Corsin Hoesli	03:31,9 10	00:10,4	06:47,7 10	00:09,3	-5	
	3 Stian Grastveit	03:30,2 9	00:11,3	10:17,9 9	00:11,2	1	
	4 Corsin Hoesli	03:47,3 8	00:20,3	14:05,2 9	00:29,7	0	
	5 Stian Grastveit	03:38,7 6	00:17,6	17:43,9 8	00:38,0	1	
	6 Corsin Hoesli	03:57,2 7	00:28,2	21:41,1 7	01:03,9	1	

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>8</b>	<b>Bækkelagets SK lag 4</b>			<b>21:41,7</b>	<b>01:04,5</b>		<b>71</b>
	1 Andrew Young	03:14,9 2	00:00,8	03:14,9 2	00:00,8		
	2 Vegard Lund Røer	03:33,9 12	00:12,4	06:48,8 11	00:10,4	-9	
	3 Andrew Young	03:18,9 1	00:00,0	10:07,7 3	00:01,0	8	
	4 Vegard Lund Røer	03:52,4 10	00:25,4	14:00,1 7	00:24,6	-4	
	5 Andrew Young	03:33,5 5	00:12,4	17:33,6 6	00:27,7	1	
	6 Vegard Lund Røer	04:08,1 8	00:39,1	21:41,7 8	01:04,5	-2	
<b>9</b>	<b>Tromsø SK - Langrenn lag 1</b>			<b>21:45,3</b>	<b>01:08,1</b>		<b>79</b>
	1 Edvin Frost	03:15,9 6	00:01,8	03:15,9 6	00:01,8		
	2 Elias René Valøy	03:27,5 7	00:06,0	06:43,4 5	00:05,0	1	
	3 Edvin Frost	03:27,9 6	00:09,0	10:11,3 7	00:04,6	-2	
	4 Elias René Valøy	03:41,7 6	00:14,7	13:53,0 6	00:17,5	1	
	5 Edvin Frost	03:41,8 8	00:20,7	17:34,8 7	00:28,9	-1	
	6 Elias René Valøy	04:10,5 9	00:41,5	21:45,3 9	01:08,1	-2	
<b>10</b>	<b>Nittedal IL lag 1</b>			<b>22:02,3</b>	<b>01:25,1</b>		<b>90</b>
	1 Andreas Finni Magnussen	03:14,1 1	00:00,0	03:14,1 1	00:00,0		
	2 Even Seeberg	03:33,4 11	00:11,9	06:47,5 9	00:09,1	-8	
	3 Andreas Finni Magnussen	03:29,6 8	00:10,7	10:17,1 8	00:10,4	1	
	4 Even Seeberg	03:49,5 9	00:22,5	14:06,6 10	00:31,1	-2	
	5 Andreas Finni Magnussen	03:42,6 9	00:21,5	17:49,2 10	00:43,3	0	
	6 Even Seeberg	04:13,1 10	00:44,1	22:02,3 10	01:25,1	0	
<b>11</b>	<b>Surnadal IL lag 1</b>			<b>22:39,9</b>	<b>02:02,7</b>		<b>87</b>
	1 Jonas Aasbø	03:21,5 12	00:07,4	03:21,5 12	00:07,4		
	2 Kristoffer Berset	03:24,8 3	00:03,3	06:46,3 8	00:07,9	4	
	3 Jonas Aasbø	03:47,4 12	00:28,5	10:33,7 12	00:27,0	-4	
	4 Kristoffer Berset	03:56,8 11	00:29,8	14:30,5 11	00:55,0	1	
	5 Jonas Aasbø	03:53,5 12	00:32,4	18:24,0 11	01:18,1	0	
	6 Kristoffer Berset	04:15,9 11	00:46,9	22:39,9 11	02:02,7	0	
<b>12</b>	<b>Lillehammer Skiklub lag 5</b>			<b>22:56,2</b>	<b>02:19,0</b>		<b>98</b>
	1 Oliver Brein Furuli	03:19,3 10	00:05,2	03:19,3 10	00:05,2		
	2 Emil Book Brattbak	03:31,6 9	00:10,1	06:50,9 12	00:12,5	-2	
	3 Oliver Brein Furuli	03:42,1 11	00:23,2	10:33,0 11	00:26,3	1	
	4 Emil Book Brattbak	03:58,2 12	00:31,2	14:31,2 12	00:55,7	-1	
	5 Oliver Brein Furuli	03:53,4 11	00:32,3	18:24,6 12	01:18,7	0	
	6 Emil Book Brattbak	04:31,6 12	01:02,6	22:56,2 12	02:19,0	0	
<b>DNS</b>	<b>Lyn Ski lag 1</b>						<b>42</b>
	1 Hans Christer Holund						
	2 Simen Hegstad Krüger						
	3 Hans Christer Holund						
	4 Simen Hegstad Krüger						
	5 Hans Christer Holund						
	6 Simen Hegstad Krüger						
<b>DNS</b>	<b>Oseberg Skilag lag 1</b>						<b>66</b>
	1 Didrik Fjeld Elset						
	2 Eirik Mysen						
	3 Didrik Fjeld Elset						
	4 Eirik Mysen						
	5 Didrik Fjeld Elset						
	6 Eirik Mysen						

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<b>Plass</b>	<b>Lag</b>	<b>Etappe Tid</b>	<b>Etter</b>	<b>Total Tid</b>	<b>Etter</b>	<b>Endring</b>	<b>Startnr/ Status</b>
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**Menn senior Heat: 2**

<b>DNS</b>	<b>Tistedalen FL lag 1</b>						<b>95</b>
	1	Marcus Syversen					
	2	Marius Svendsby					
	3	Marcus Syversen					
	4	Marius Svendsby					
	5	Marcus Syversen					
	6	Marius Svendsby					

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Pluss	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>1</b>	<b>Lillehammer Skiklub lag 1</b>			<b>20:35,6</b>			<b>46</b>
	1	Vegard Bjerkreim Nilsen	03:14,7 2	00:02,6	03:14,7 2	00:02,6	
	2	Håvard Solås Taugbøl	03:25,7 7	00:05,1	06:40,4 2	00:00,6 0	
	3	Vegard Bjerkreim Nilsen	03:32,7 2	00:01,0	10:13,1 2	00:00,3 0	
	4	Håvard Solås Taugbøl	03:25,6 5	00:02,1	13:38,7 3	00:01,0 -1	
	5	Vegard Bjerkreim Nilsen	03:26,5 1	00:00,0	17:05,2 1	00:00,0 2	
	6	Håvard Solås Taugbøl	03:30,4 3	00:03,1	20:35,6 1	00:00,0 0	
<b>2</b>	<b>Kjelsås IL lag 1</b>			<b>20:35,9</b>	<b>00:00,3</b>		<b>54</b>
	1	Erik Olsvik Dengerud	03:15,6 5	00:03,5	03:15,6 5	00:03,5	
	2	Eirik Brandsdal	03:24,2 3	00:03,6	06:39,8 1	00:00,0 4	
	3	Erik Olsvik Dengerud	03:33,0 3	00:01,3	10:12,8 1	00:00,0 0	
	4	Eirik Brandsdal	03:25,5 4	00:02,0	13:38,3 2	00:00,6 -1	
	5	Erik Olsvik Dengerud	03:30,3 3	00:03,8	17:08,6 3	00:03,4 -1	
	6	Eirik Brandsdal	03:27,3 1	00:00,0	20:35,9 2	00:00,3 1	
<b>3</b>	<b>Førde IL lag 1</b>			<b>20:36,0</b>	<b>00:00,4</b>		<b>51</b>
	1	Torstein Bu	03:21,4 9	00:09,3	03:21,4 9	00:09,3	
	2	Gjøran Tefre	03:20,6 1	00:00,0	06:42,0 6	00:02,2 3	
	3	Torstein Bu	03:31,7 1	00:00,0	10:13,7 3	00:00,9 3	
	4	Gjøran Tefre	03:24,0 2	00:00,5	13:37,7 1	00:00,0 2	
	5	Torstein Bu	03:29,7 2	00:03,2	17:07,4 2	00:02,2 -1	
	6	Gjøran Tefre	03:28,6 2	00:01,3	20:36,0 3	00:00,4 -1	
<b>4</b>	<b>Tolga IL lag 1</b>			<b>20:53,8</b>	<b>00:18,2</b>		<b>78</b>
	1	Aasmund Kjøllmoen Steien	03:19,4 8	00:07,3	03:19,4 8	00:07,3	
	2	Tore Leren	03:22,3 2	00:01,7	06:41,7 5	00:01,9 3	
	3	Aasmund Kjøllmoen Steien	03:34,0 5	00:02,3	10:15,7 5	00:02,9 0	
	4	Tore Leren	03:23,5 1	00:00,0	13:39,2 4	00:01,5 1	
	5	Aasmund Kjøllmoen Steien	03:38,5 5	00:12,0	17:17,7 4	00:12,5 0	
	6	Tore Leren	03:36,1 4	00:08,8	20:53,8 4	00:18,2 0	
<b>5</b>	<b>Bækkelagets SK lag 1</b>			<b>20:54,0</b>	<b>00:18,4</b>		<b>62</b>
	1	Harald Ihlebæk	03:15,2 3	00:03,1	03:15,2 3	00:03,1	
	2	Anders Sørensen	03:25,6 6	00:05,0	06:40,8 3	00:01,0 0	
	3	Harald Ihlebæk	03:34,5 6	00:02,8	10:15,3 4	00:02,5 -1	
	4	Anders Sørensen	03:24,3 3	00:00,8	13:39,6 5	00:01,9 -1	
	5	Harald Ihlebæk	03:38,1 4	00:11,6	17:17,7 4	00:12,5 1	
	6	Anders Sørensen	03:36,3 5	00:09,0	20:54,0 5	00:18,4 -1	
<b>6</b>	<b>Bærums Verk Hauger Idrettsfore lag 1</b>			<b>21:23,7</b>	<b>00:48,1</b>		<b>75</b>
	1	Marius Haugum	03:16,8 6	00:04,7	03:16,8 6	00:04,7	
	2	Aleksander Dyrberg Ek	03:24,3 4	00:03,7	06:41,1 4	00:01,3 2	
	3	Marius Haugum	03:37,5 7	00:05,8	10:18,6 7	00:05,8 -3	
	4	Aleksander Dyrberg Ek	03:27,1 6	00:03,6	13:45,7 6	00:08,0 1	
	5	Marius Haugum	03:42,3 7	00:15,8	17:28,0 6	00:22,8 0	
	6	Aleksander Dyrberg Ek	03:55,7 7	00:28,4	21:23,7 6	00:48,1 0	
<b>7</b>	<b>Lillehammer Skiklub lag 2</b>			<b>21:31,0</b>	<b>00:55,4</b>		<b>59</b>
	1	Ingar Folkvord	03:19,0 7	00:06,9	03:19,0 7	00:06,9	
	2	Sindre Folkvord	03:24,8 5	00:04,2	06:43,8 8	00:04,0 -1	
	3	Ingar Folkvord	03:33,3 4	00:01,6	10:17,1 6	00:04,3 2	
	4	Sindre Folkvord	03:33,2 7	00:09,7	13:50,3 7	00:12,6 -1	
	5	Ingar Folkvord	03:41,5 6	00:15,0	17:31,8 7	00:26,6 0	
	6	Sindre Folkvord	03:59,2 9	00:31,9	21:31,0 7	00:55,4 0	

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<b>8</b>	<b>Lillehammer Skiklub lag 4</b>			<b>22:17,5</b>	<b>01:41,9</b>		<b>91</b>
	1	Krister Aaen Pedersen	03:21,8 10	00:09,7	03:21,8 10	00:09,7	
	2	Kristoffer Hestetræet	03:33,3 9	00:12,7	06:55,1 9	00:15,3 1	
	3	Krister Aaen Pedersen	03:52,1 10	00:20,4	10:47,2 11	00:34,4 -2	
	4	Kristoffer Hestetræet	03:43,3 8	00:19,8	14:30,5 9	00:52,8 2	
	5	Krister Aaen Pedersen	03:55,0 10	00:28,5	18:25,5 9	01:20,3 0	
	6	Kristoffer Hestetræet	03:52,0 6	00:24,7	22:17,5 8	01:41,9 1	
<b>9</b>	<b>Frol IL lag 1</b>			<b>22:22,3</b>	<b>01:46,7</b>		<b>70</b>
	1	Espen Sundsvik	03:23,5 12	00:11,4	03:23,5 12	00:11,4	
	2	Magnus Norøy	03:36,6 10	00:16,0	07:00,1 11	00:20,3 1	
	3	Espen Sundsvik	03:43,0 8	00:11,3	10:43,1 10	00:30,3 1	
	4	Magnus Norøy	03:50,6 10	00:27,1	14:33,7 10	00:56,0 0	
	5	Espen Sundsvik	03:51,2 9	00:24,7	18:24,9 8	01:19,7 2	
	6	Magnus Norøy	03:57,4 8	00:30,1	22:22,3 9	01:46,7 -1	
<b>10</b>	<b>Sandnes IL lag 1</b>			<b>22:33,5</b>	<b>01:57,9</b>		<b>67</b>
	1	Magnus Lian Aarrestad	03:12,1 1	00:00,0	03:12,1 1	00:00,0	
	2	Sjur Obrestad Gabrielsen	03:30,6 8	00:10,0	06:42,7 7	00:02,9 -6	
	3	Magnus Lian Aarrestad	03:52,3 11	00:20,6	10:35,0 8	00:22,2 -1	
	4	Sjur Obrestad Gabrielsen	03:48,3 9	00:24,8	14:23,3 8	00:45,6 0	
	5	Magnus Lian Aarrestad	04:11,0 11	00:44,5	18:34,3 11	01:29,1 -3	
	6	Sjur Obrestad Gabrielsen	03:59,2 9	00:31,9	22:33,5 10	01:57,9 1	
<b>11</b>	<b>Gjesdal IL lag 1</b>			<b>22:36,0</b>	<b>02:00,4</b>		<b>83</b>
	1	Sivert Wiig	03:15,2 3	00:03,1	03:15,2 3	00:03,1	
	2	Tore André Melberg	03:42,3 11	00:21,7	06:57,5 10	00:17,7 -7	
	3	Sivert Wiig	03:44,7 9	00:13,0	10:42,2 9	00:29,4 1	
	4	Tore André Melberg	04:03,9 11	00:40,4	14:46,1 11	01:08,4 -2	
	5	Sivert Wiig	03:47,8 8	00:21,3	18:33,9 10	01:28,7 1	
	6	Tore André Melberg	04:02,1 11	00:34,8	22:36,0 11	02:00,4 -1	
<b>12</b>	<b>Bærums Skiklub lag 1</b>			<b>25:18,0</b>	<b>04:42,4</b>		<b>99</b>
	1	Jakob Henden Kaasen	03:22,9 11	00:10,8	03:22,9 11	00:10,8	
	2	Herman Kjernsmo	03:58,6 12	00:38,0	07:21,5 12	00:41,7 -1	
	3	Jakob Henden Kaasen	04:19,6 12	00:47,9	11:41,1 12	01:28,3 0	
	4	Herman Kjernsmo	04:19,8 12	00:56,3	16:00,9 12	02:23,2 0	
	5	Jakob Henden Kaasen	04:33,4 12	01:06,9	20:34,3 12	03:29,1 0	
	6	Herman Kjernsmo	04:43,7 12	01:16,4	25:18,0 12	04:42,4 0	
<b>DNS</b>	<b>IL Varden Meråker lag 4</b>						<b>86</b>
	1	Magnus Gjemse					
	2	Morten Torvik					
	3	Magnus Gjemse					
	4	Morten Torvik					
	5	Magnus Gjemse					
	6	Morten Torvik					
<b>DNS</b>	<b>Tydal IL lag 1</b>						<b>43</b>
	1	Magnus Stensås					
	2	Niklas Dyrhaug					
	3	Magnus Stensås					
	4	Niklas Dyrhaug					
	5	Magnus Stensås					
	6	Niklas Dyrhaug					



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<b>Plass</b>	<b>Lag</b>	<b>Etappe Tid</b>	<b>Etter</b>	<b>Total Tid</b>	<b>Etter</b>	<b>Endring</b>	<b>Startnr/ Status</b>
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**Menn senior Heat: 3**

**DNS** Lier IL lag 2

94

- 1 Fredrik Aasen Strømsnes
- 2 Sivert Bjørnebo Langerud
- 3 Fredrik Aasen Strømsnes
- 4 Sivert Bjørnebo Langerud
- 5 Fredrik Aasen Strømsnes
- 6 Sivert Bjørnebo Langerud

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>1</b>	<b>Røa II lag 1</b>			<b>20:45,0</b>			<b>101</b>
	1 Martin Jonsrud Sundby	03:13,1 3	00:00,1	03:13,1 3	00:00,1		
	2 Andrew Musgrave	03:24,7 8	00:06,0	06:37,8 3	00:01,3 0		
	3 Martin Jonsrud Sundby	03:23,4 1	00:00,0	10:01,2 1	00:00,0 2		
	4 Andrew Musgrave	03:29,5 3	00:05,1	13:30,7 1	00:00,0 0		
	5 Martin Jonsrud Sundby	03:28,7 1	00:00,0	16:59,4 1	00:00,0 0		
	6 Andrew Musgrave	03:45,6 5	00:10,7	20:45,0 1	00:00,0 0		
<b>2</b>	<b>Rindal IL lag 1</b>			<b>20:49,4</b>	<b>00:04,4</b>		<b>53</b>
	1 Gjermund Løfald	03:13,0 1	00:00,0	03:13,0 1	00:00,0		
	2 Halvard Løfald	03:24,1 6	00:05,4	06:37,1 2	00:00,6 -1		
	3 Gjermund Løfald	03:28,9 5	00:05,5	10:06,0 4	00:04,8 -2		
	4 Halvard Løfald	03:31,1 4	00:06,7	13:37,1 2	00:06,4 2		
	5 Gjermund Løfald	03:35,6 4	00:06,9	17:12,7 4	00:13,3 -2		
	6 Halvard Løfald	03:36,7 2	00:01,8	20:49,4 2	00:04,4 2		
<b>3</b>	<b>Høydalsmo IL lag 1</b>			<b>20:50,0</b>	<b>00:05,0</b>		<b>60</b>
	1 Torgeir Lid Byggland	03:14,0 4	00:01,0	03:14,0 4	00:01,0		
	2 Ånund Lid Byggland	03:24,0 5	00:05,3	06:38,0 4	00:01,5 0		
	3 Torgeir Lid Byggland	03:26,5 4	00:03,1	10:04,5 2	00:03,3 2		
	4 Ånund Lid Byggland	03:33,0 6	00:08,6	13:37,5 3	00:06,8 -1		
	5 Torgeir Lid Byggland	03:34,9 3	00:06,2	17:12,4 3	00:13,0 0		
	6 Ånund Lid Byggland	03:37,6 3	00:02,7	20:50,0 3	00:05,0 0		
<b>4</b>	<b>Vadsø SK lag 1</b>			<b>20:53,3</b>	<b>00:08,3</b>		<b>45</b>
	1 Audun Erikstad	03:13,0 1	00:00,0	03:13,0 1	00:00,0		
	2 Daniel Stock	03:23,5 4	00:04,8	06:36,5 1	00:00,0 0		
	3 Audun Erikstad	03:38,0 9	00:14,6	10:14,5 7	00:13,3 -6		
	4 Daniel Stock	03:24,4 1	00:00,0	13:38,9 5	00:08,2 2		
	5 Audun Erikstad	03:36,4 5	00:07,7	17:15,3 5	00:15,9 0		
	6 Daniel Stock	03:38,0 4	00:03,1	20:53,3 4	00:08,3 1		
<b>5</b>	<b>Lyn Ski lag 2</b>			<b>20:57,5</b>	<b>00:12,5</b>		<b>69</b>
	1 Halvor Kleivi	03:16,0 6	00:03,0	03:16,0 6	00:03,0		
	2 Vegard Vinje	03:23,4 3	00:04,7	06:39,4 6	00:02,9 0		
	3 Halvor Kleivi	03:26,1 3	00:02,7	10:05,5 3	00:04,3 3		
	4 Vegard Vinje	03:32,5 5	00:08,1	13:38,0 4	00:07,3 -1		
	5 Halvor Kleivi	03:31,3 2	00:02,6	17:09,3 2	00:09,9 2		
	6 Vegard Vinje	03:48,2 7	00:13,3	20:57,5 5	00:12,5 -3		
<b>6</b>	<b>Henning Skilag lag 2</b>			<b>21:14,6</b>	<b>00:29,6</b>		<b>68</b>
	1 Ole-Marius Bach	03:16,9 8	00:03,9	03:16,9 8	00:03,9		
	2 Jonas Austad	03:22,4 2	00:03,7	06:39,3 5	00:02,8 3		
	3 Ole-Marius Bach	03:33,2 6	00:09,8	10:12,5 6	00:11,3 -1		
	4 Jonas Austad	03:34,4 7	00:10,0	13:46,9 7	00:16,2 -1		
	5 Ole-Marius Bach	03:40,2 6	00:11,5	17:27,1 6	00:27,7 1		
	6 Jonas Austad	03:47,5 6	00:12,6	21:14,6 6	00:29,6 0		
<b>7</b>	<b>Gol IL lag 1</b>			<b>21:27,8</b>	<b>00:42,8</b>		<b>52</b>
	1 Emil Intelhus Brøto	03:23,1 15	00:10,1	03:23,1 15	00:10,1		
	2 Pål Golberg	03:18,7 1	00:00,0	06:41,8 9	00:05,3 6		
	3 Emil Intelhus Brøto	03:44,2 12	00:20,8	10:26,0 12	00:24,8 -3		
	4 Pål Golberg	03:26,3 2	00:01,9	13:52,3 8	00:21,6 4		
	5 Emil Intelhus Brøto	04:00,6 14	00:31,9	17:52,9 10	00:53,5 -2		
	6 Pål Golberg	03:34,9 1	00:00,0	21:27,8 7	00:42,8 3		

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<b>7</b>	<b>IL Varden Meråker lag 2</b>			<b>21:27,8</b>	<b>00:42,8</b>		<b>61</b>
	1 Thomas Albertsen Dahlen	03:15,8 5	00:02,8	03:15,8 5	00:02,8		
	2 Torstein Buan Røvik	03:26,7 11	00:08,0	06:42,5 10	00:06,0	-5	
	3 Thomas Albertsen Dahlen	03:25,1 2	00:01,7	10:07,6 5	00:06,4	5	
	4 Torstein Buan Røvik	03:36,1 9	00:11,7	13:43,7 6	00:13,0	-1	
	5 Thomas Albertsen Dahlen	03:45,9 8	00:17,2	17:29,6 7	00:30,2	-1	
	6 Torstein Buan Røvik	03:58,2 10	00:23,3	21:27,8 7	00:42,8	0	
<b>9</b>	<b>Bærums Verk Hauger Idrettsfore lag 2</b>			<b>21:44,3</b>	<b>00:59,3</b>		<b>76</b>
	1 Eirik Asdøl	03:17,4 10	00:04,4	03:17,4 10	00:04,4		
	2 Erik Lippestad Thorstensen	03:24,1 6	00:05,4	06:41,5 7	00:05,0	3	
	3 Eirik Asdøl	03:35,7 8	00:12,3	10:17,2 8	00:16,0	-1	
	4 Erik Lippestad Thorstensen	03:47,0 10	00:22,6	14:04,2 10	00:33,5	-2	
	5 Eirik Asdøl	03:45,1 7	00:16,4	17:49,3 9	00:49,9	1	
	6 Erik Lippestad Thorstensen	03:55,0 8	00:20,1	21:44,3 9	00:59,3	0	
<b>10</b>	<b>IL Varden Meråker lag 3</b>			<b>21:44,5</b>	<b>00:59,5</b>		<b>77</b>
	1 Truls Torvik	03:16,9 8	00:03,9	03:16,9 8	00:03,9		
	2 Magnus Gjemse	03:24,8 9	00:06,1	06:41,7 8	00:05,2	0	
	3 Truls Torvik	03:41,4 11	00:18,0	10:23,1 9	00:21,9	-1	
	4 Magnus Gjemse	03:34,6 8	00:10,2	13:57,7 9	00:27,0	0	
	5 Truls Torvik	03:51,2 11	00:22,5	17:48,9 8	00:49,5	1	
	6 Magnus Gjemse	03:55,6 9	00:20,7	21:44,5 10	00:59,5	-2	
<b>11</b>	<b>Søre Ål IL lag 2</b>			<b>22:35,3</b>	<b>01:50,3</b>		<b>92</b>
	1 Christoffer Henningsen	03:19,8 12	00:06,8	03:19,8 12	00:06,8		
	2 Andreas Bossum	03:27,8 12	00:09,1	06:47,6 12	00:11,1	0	
	3 Christoffer Henningsen	03:50,4 13	00:27,0	10:38,0 13	00:36,8	-1	
	4 Andreas Bossum	03:57,5 12	00:33,1	14:35,5 13	01:04,8	0	
	5 Christoffer Henningsen	03:48,2 9	00:19,5	18:23,7 12	01:24,3	1	
	6 Andreas Bossum	04:11,6 13	00:36,7	22:35,3 11	01:50,3	1	
<b>12</b>	<b>Henning Skilag lag 3</b>			<b>22:39,6</b>	<b>01:54,6</b>		<b>84</b>
	1 Ole Skrove	03:17,6 11	00:04,6	03:17,6 11	00:04,6		
	2 Marius Landsem Melhus	03:25,7 10	00:07,0	06:43,3 11	00:06,8	0	
	3 Ole Skrove	03:40,3 10	00:16,9	10:23,6 10	00:22,4	1	
	4 Marius Landsem Melhus	04:00,4 13	00:36,0	14:24,0 11	00:53,3	-1	
	5 Ole Skrove	03:57,6 13	00:28,9	18:21,6 11	01:22,2	0	
	6 Marius Landsem Melhus	04:18,0 14	00:43,1	22:39,6 12	01:54,6	-1	
<b>13</b>	<b>Team Hardwood Canada lag 2</b>			<b>22:45,3</b>	<b>02:00,3</b>		<b>100</b>
	1 Joseph Foster	03:16,3 7	00:03,3	03:16,3 7	00:03,3		
	2 Alastair Maclean	03:34,1 13	00:15,4	06:50,4 13	00:13,9	-6	
	3 Joseph Foster	03:35,2 7	00:11,8	10:25,6 11	00:24,4	2	
	4 Alastair Maclean	04:08,7 15	00:44,3	14:34,3 12	01:03,6	-1	
	5 Joseph Foster	03:50,3 10	00:21,6	18:24,6 13	01:25,2	-1	
	6 Alastair Maclean	04:20,7 15	00:45,8	22:45,3 13	02:00,3	0	
<b>14</b>	<b>Lånke IL lag 1</b>			<b>23:09,7</b>	<b>02:24,7</b>		<b>85</b>
	1 John Gunnar Hoås	03:22,8 14	00:09,8	03:22,8 14	00:09,8		
	2 Geir Kristian Hoås	03:39,1 14	00:20,4	07:01,9 14	00:25,4	0	
	3 John Gunnar Hoås	04:01,7 15	00:38,3	11:03,6 14	01:02,4	0	
	4 Geir Kristian Hoås	03:55,7 11	00:31,3	14:59,3 14	01:28,6	0	
	5 John Gunnar Hoås	04:04,0 15	00:35,3	19:03,3 14	02:03,9	0	
	6 Geir Kristian Hoås	04:06,4 11	00:31,5	23:09,7 14	02:24,7	0	

Nm Lagsprint  
Gåå  
30.03.2017  
Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Startnr/ Status
<b>Menn senior Heat: 4</b>							
15	<b>Københavns Skiklub lag 1</b>			<b>23:18,7</b>	<b>02:33,7</b>		<b>93</b>
	1 Jens Hulgaard	03:22,4 13	00:09,4	03:22,4 13	00:09,4		
	2 Tue Rømer	03:50,0 15	00:31,3	07:12,4 15	00:35,9	-2	
	3 Jens Hulgaard	03:59,6 14	00:36,2	11:12,0 15	01:10,8	0	
	4 Tue Rømer	04:01,7 14	00:37,3	15:13,7 15	01:43,0	0	
	5 Jens Hulgaard	03:55,7 12	00:27,0	19:09,4 15	02:10,0	0	
	6 Tue Rømer	04:09,3 12	00:34,4	23:18,7 15	02:33,7	0	
DNS	<b>Voss IL lag 1</b>						<b>44</b>
	1 Sjur Røthe						
	2 Vebjørn Turtveit						
	3 Sjur Røthe						
	4 Vebjørn Turtveit						
	5 Sjur Røthe						
	6 Vebjørn Turtveit						

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Nm Lagsprint  
Gåå  
30.03.2017  
**Resultatliste**

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<b>Plass</b>	<b>Lag</b>	<b>Etappe Tid</b>	<b>Etter</b>	<b>Total Tid</b>	<b>Etter</b>	<b>Endring</b>	<b>Startnr/ Status</b>
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